

Pediatric First Aid, CPR & AED

Course Modules

This Instructor Manual provides a detailed plan for each module. To ensure the quality and effectiveness of the course, please follow the module plans as closely as possible.

Module	Module Length	Additional Content (Optional)
Introduction: Why Learn Injury Prevention and First Aid?	20 minutes	5 minutes
Module 1: Take Action in an Emergency	40 minutes	15 minutes
Module 2: CPR and AED	150 minutes (Pediatric)	80 minutes (Adult)
Module 3: Bleeding and Wound Care	70 minutes	30 minutes
Module 4: Shock	5 minutes	10 minutes
Module 5: Burns	25 minutes	10 minutes
Module 6: Bone, Joint and Muscle Injuries	45 minutes	20 minutes
Module 7: Brain and Spinal Injuries	25 minutes	5 minutes
Module 8: Sudden Illness	35 minutes	20 minutes
Module 9: Poisoning and Allergic Reactions	45 minutes	20 minutes
Module 10: Cold and Heat Emergencies	20 minutes	5 minutes
Course Exam	N/A	60 minutes
Instructional Time Totals	8 hours	4 1/2 hours